

Positive Discipline



Are you tired of engaging in Power Struggles with your children? Are you looking for effective parenting techniques to help with bedtime routines and morning hassles? Are you wondering how to motivate your child to listen the first time?

This 7 week course will create an opportunity for parents to learn strategies and tools that will encourage cooperation in your home. Come join certified positive discipline educators Moya Fenney and Ben Garrett and learn the importance of parenting in a way that motivates children intrinsically, builds self esteem and teaches self control and responsibility. Parents will walk away with specific strategies they can apply to everyday parenting challenges. This course will focus on families with children ages 3-12 years old.

Where: Child Care Resource & Referral Office ~
10411 100Ave (side doors)

When: Thursday, February 4th, 11th, 18th, 25th,
March 3rd, 10th & 17th.

Time: 7:15pm-9:15pm

Cost: **FREE**

RSVP by Jan.22 * limited spaces*

Call **CCRR** to register or for more
information at **250-785-5701**



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