## FRIENDS for Life Parent Program

PARENTS, FAMILY MEMBERS & CAREGIVERS
You are invited to join us & learn more about the
FRIENDS For Life Program for parents of grade 4 - 7
students



You will gain valuable tools to assist you in helping your children become more resilient, cope with their worries, learn how to relax, and much more! FREE!

Thursday, March 7, 2013 6:30 - 8:30 pm

Sponsored by The F.O.R.C.E. Society for Kids' Mental Health with funding from the Ministry of Children & Family Development

Location: District Development Center 10114 - 105<sup>th</sup> Avenue, Fort St John

RSVP Deadline Monday, March 4 - Beverly Baker, Elementary Counsellor 250-262-6089 email: bbaker@prn.bc.ca

Supported by Peace River North School District and MCFD/CYMH ????????? www.friendsparentprogram.com