



FAMILIES in MOTION

Guided indoor fitness
and fun for families
with children ages 6
and under!

START 6:00 - END 7:30PM
FREE! No registration required.

FEB 10

Fort St John Friendship Centre

MAR 9

Fort St John Child Development Centre

APR 13

Bert Ambrose Elementary School

MAY 11

Duncan Cran Elementary School



Please bring a
water bottle!



CONTACT:

Cheryl Breikreutz 250.785.6021 x 253
cbreikreutz@npcrs.bc.ca

MORE INFO: familyfriendlycommunity.ca



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