



# FAMILIES in MOTION

Guided indoor  
and fun for fam  
with children ag  
and under!

**START 6:00 - END 7:30PM**  
**FREE! No registration required.**

**FEB 10**  
**MAR 9**  
**APR 13**  
**MAY 11**

**Fort St John Friendship Centre**  
**Fort St John Child Development Centre**  
**Bert Ambrose Elementary School**  
**Duncan Cran Elementary School**

**Please bring a water bottle!**

